

Waiver of Liability and Release

**Bittersweet Swimming & Tennis Association
Swim Team Program Participation**

PLEASE READ THE FOLLOWING CAREFULLY. If you have any questions, have them answered before signing this document.

In consideration of being permitted to participate in the *Bittersweet Swimming & Tennis Association (BSTA) Swim Team Program*, I, _____, _____, in full recognition and appreciation of the dangers and risks inherent in such activities, do hereby waive, release, and forever discharge BSTA, its officers, agents and employees, from and against any and all claims, demands, action or causes of action for costs, expenses or damages to personal property or personal injury, or death, which may result from my participation in these activities.

I understand and admit that my participation in the *BSTA Swim Team Program* is voluntary. I assume full responsibility for any injuries or damages resulting from my participation in this program including responsibility for using reasonable judgment in all phases of participation of the program and travel to and from competition locations. I recognize and understand that the activities may be hazardous, that my participation is solely at my own risk, and that I assume full responsibility for any resulting injuries and damages.

I affirm that I am in good health. I further declare that I am physically fit and capable to participate in such activities. I also understand that this Waiver of Liability and Release binds my heirs, executors, administrators, and assigns as well as myself.

I acknowledge that I have read and understand this entire Waiver of Liability and Release, and I agree to be legally bound by it.

Minor Participant' s Name _____

Minor Parent/Guardian' s Name _____

Minor Parent/Guardian' s Signature _____

Date _____ Witness _____